Prof. Sarla Rani is a distinguished faculty member specializing in the pedagogy of social studies, educational technology, psychology, research methodology, and teacher education. With years of academic experience, she has significantly contributed to educational research, curriculum development, and teacher training. She has authored three books and contributed chapters to numerous academic volumes. Her research work has led to the development and publication of several psychological and educational assessment tools, including the *Occupational Stress Scale for Teachers*, *Decision-Making Style Inventory*, and the *Mathematics Achievement Test*. Prof. Rani is an active participant in national and international academic forums. She has presented papers, chaired sessions, and delivered invited lectures across a wide array of conferences and seminars. Additionally, she supervises doctoral theses and M.Phil./M.Ed. dissertations. Currently, she also serves as the **Chief Security Officer** at Bhagat Phool Singh Mahila Vishwavidyalaya, contributing to the holistic development and safety of the university community.